



YOUR SUMMER, YOUR CAMP

Camp Netimus Parent Handbook

We are so happy that your daughter(s) will be joining us for all or part of the summer this year!

Camp is a wonderful place for girls to try new and different activities that they otherwise may not be able to do while at home. Your daughter(s) will come home with new skills and many new friends. Campers will also gain independence, self-confidence and self-reliance in our safe, nurturing environment.

In order to make camp fun, exciting, interesting, and safe, we do have a few policies in place, and we ask that you go over these policies with your daughter(s) so that they know “what’s up” when they arrive at camp. The following pages have information about camper communication, camper gear, equestrian equipment, transportation, medical information, finances and more.

We are available to answer any questions – don’t hesitate to contact us by phone or email.

See you this summer!

Darlene & Tabz

~*~ Camper Communication ~*~

Mail & Packages: Mail and packages may be sent ahead of time and will be held for camper's arrival. Please be sure to include the camper's first and last names and cabin number when possible (cabin numbers will be available on Opening Day). Mail is slow – please post well ahead of time. For younger campers – please review with your camper the correct procedure to address an envelope and/or send her with pre-addressed envelopes. Campers may **receive** e-mails, but they are not able to send e-mails. E-mails may be sent directly to office@netimus.com. Put camper's full name with cabin number in the subject line.

Care packages: DO NOT MAIL ANY FOOD IN CARE PACKAGES. Food will NOT be held for individual campers and is not permitted in cabins because it attracts wildlife. In addition, extra sweets arriving by mail in care packages make monitoring nutrition and allergies very difficult. Any food that arrives in a care package will be put away to be served during banquets at the end of the first and second month sessions. **Please inform relatives & friends of this policy.**

Ideas for care packages: cards, small games, sunglasses, disposable cameras, stamps, stationary and pre-addressed envelopes. Below are some companies that supply non-food care packages:

Camp Pacs – www.camppacs.com
Just4Camp - <http://www.just4camp.com/pages/Netimus.htm>
The Wrinkled Egg – www.thewrinkledegg.com
Sealed With A Kiss - www.eswak.com

Telephone: Campers may receive phone calls at mealtimes (see times below).

Phone calls will begin **SUNDAY BREAKFAST** of the **SECOND WEEK** of the camper's stay. Due to the number of children in camp, please limit the length of your call. Children will be told that not every parent will be able to get through on that first day. Please limit your calls to once or twice per week (and check with your daughter – some campers prefer NOT to receive calls) for a few minutes only.

NO campers, whether new or returning, may receive phone calls during the first week of their camp stay. This week is an adjustment period for campers. You may call and/or e-mail the camp office at any time to check in with a Director to see how your camper is faring.

Campers are not able to make outgoing calls except for special occasions and with the approval of a Director.

Phones will not be answered during certain Special Events. Please refer to your Weekly Special Events email – phone changes/unavailable times are marked in red. If a Special Event is scheduled during a meal, the phones will not be answered (i.e.: Wednesday mornings are “Breakfast in Bed”).

TELEPHONE NUMBERS TO REACH CAMPERS:	TIMES TO CALL:
570-296-1779	Breakfast: 8:30-9:00 am
570-296-4380	Lunch: 1:30-2:00 pm
570-296-0435	Dinner: 6:00-6:30 pm
<u>Any</u> phone line may be used during any meal.	

708 Raymondskill Road, Milford, PA 18337 (570) 296-6131 info@netimus.com

Camper communication (cont'd)

****PLEASE DO NOT SEND YOUR CAMPER WITH A CELL PHONE!****

Cell phones hinder a camper's progress at camp. It is in your camper's best interest to leave her cell phone at home.

Electronics: Any device that can access the internet is not permitted at Netimus. This includes iTouches, many iPods, Kindles, Smartphones, etc. We cannot monitor the removal of sim cards or other disabling of internet access. The rule of thumb is - if the device can access the internet, don't send it to camp. Please do not send portable DVD players.

E-Mail: E-mail at camp is one-way, so campers may **receive** e-mails, but they are not able to send e-mails. E-mails may be sent directly to office@netimus.com and are printed and distributed daily (except Sundays). Put camper's full name with cabin number in the subject line.

Faxes: International campers can receive faxes. Include camper's full name and cabin number on all faxes. Our fax number is **570-296-6128** and is used during the **summer only** (after June 10). International camp letters can be scanned and sent to parents – please send international campers with parent email addresses.

Photos: Pictures of campers are available through Shutterfly, often by the first evening of camp. Go to the website, www.campnetimus.com. Under "Parents" select "Photos & Bunk Notes", and then select "To see photos of your camper in action". Type in the password **girlscamp12** then click "Go". This will open the Shutterfly site. Select the menu item "Pictures and Videos". You can order prints, save photos or order mugs and more. You will need to create a Shutterfly account to save or download photos.

~*~ Camper Gear ~*~

The "Camp Netimus Packing List and Inventory" is included in this mailing. Complete the list and tape to the inside of your camper's trunk. Inventories are taken upon arrival and at departure.

LABEL EVERYTHING WITH CAMPER'S FULL NAME!!

Special Occasion Attire

All campers need:

- 1 short-sleeve white shirt;
- 1 long-sleeve white shirt;
- 1 pair of green shorts (any shade of green) and;
- 1 pair of long green (any shade of green) pants.

If you would like Netimus clothing, these items (and other Netimus clothing) are available through Everything Summer Camp at www.everythingsummerncamp.com. Our discount code is Trail465NT.

Note: In order to guarantee you clothing selection, ORDER EARLY! ITEMS SELL OUT QUICKLY! Clothing is delivered to your home, not camp, unless you are an international family.

We no longer sell camp clothing at camp.

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Luggage

Your camper will need:

- A **trunk** to store clothing. Everything Summer Camp sells metal footlockers at www.everythingsummercamp.com. Our discount code is Trail465NT. We recommend the “Happy Camper” (32” x 18” x 13.5”) or the “Undergrad” (32” x 18” x 16.5”) and recommend adding the interior tray.
Note: Campers arriving by air may rent trunks and/or bedding – details on transportation form.
- A **duffle bag** to pack bedding, towels, and shoes.

Other Gear

Trunk keys, medications, extra eyeglasses, passports or other valuable objects

- Campers arriving by car will be given a camper envelope upon arrival for these items (trunks are not kept locked at camp).
- Campers arriving by bus or air should place these items in a clear Ziploc bag with camper's name on the bag.
- Leave valuables, i.e. jewelry, radios, expensive cameras, etc., at home.
- Handheld electronic games and iPods that **do not** access wireless internet are permitted but **must stay** in the cabin.

Camp Netimus cannot be responsible for lost, stolen, or damaged articles. The care of clothing and equipment brought to Camp Netimus is the concern and responsibility of the camper. Camp Netimus CANNOT replace or pay for clothing or equipment that is lost, left, or damaged at camp.

Lost & Found items left at camp will be held for **2 weeks**. We will mail items to you at your request. Unclaimed items will be donated to charity after the 2-week holding period.

Space in each cabin is limited. Please **DO NOT** bring furniture items (i.e. shelves, storage bins, crates, etc.) to camp.

Help provide a safe and quality camp experience for your camper by honoring the following requests:

Swimsuits: One piece or tankini swimsuits only!

Do Not Bring:

- Hoop earrings
- Cell phones/smart phones
- Pocketknives
- Laptops/tablets
- Electronics that access internet
- Portable DVD players

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CAMP IS A PLACE FOR YOUR CAMPER TO “UNPLUG”!

~*~ Equestrian Equipment and Information ~*~

Our equestrian program is comprehensive; combining learning experiences in riding, stable management, and horse care. Jumping is taught in all intermediate and advanced classes. Campers ride 3 **or** 6 times per week as selected on the activity choices form. Remember that if your camper decides to withdraw from the equestrian program after May 1st, the fee is **NON-REFUNDABLE** due to our costs for leasing the appropriate number of horses for the number of participants.

Camp Netimus strives to maximize the number of equestrian lessons for every camper, including offering make-up lessons. However, events out of Camp Netimus' control, such as inclement weather, Special Events, optional out-of-camp trips, and tournaments may conflict with lessons. **NO RIDING FEES CAN BE REFUNDED FOR MISSED LESSONS. Please let us know in writing if you would prefer that your camper not sign up for any trips or tournaments that would interfere with her riding lesson.**

Required Equipment:

- Riding helmet with harness. Bicycle helmets and helmets designed for other purposes **WILL NOT BE ACCEPTED. The helmet must meet ASTM/SEI safety standards and fit your child properly.**
- Paddock boots or other riding boots. Hiking boots, work boots or sneakers are inappropriate for riding. Horse.com sells Dublin riding boots that are reasonably priced.
- Close fitting long pants. Blue jeans are appropriate but may be uncomfortable. Pants need to be close fitting, flexible and of a thick material to protect riders' legs. Check with your local riding apparel/horse care shop for suggestions (jodhpurs, breeches, etc.).
- Shirts. Riders should wear shirts that cover the shoulders when riding. Sleeves protect riders from sunburn and injury. **NO** sleeveless, tank or tube tops, or spaghetti straps.

Optional Equipment

- Gloves (thin, flexible gloves to prevent blistering of hands from the reins).
- Body/back protectors. These are available from most horse equipment dealers. Protectors can be worn over or under clothing.

Be sure that your camper comes prepared for riding.

For safety reasons, we will not allow campers to ride without appropriate equipment.

Companies that specialize in riding equipment:

www.horse.com

www.smartpakequine.com – Search for “Kids New Rider Essentials”

~*~ Transportation ~*~

All campers, even those arriving by car, must submit a Transportation Form.

Campers arriving by BUS or AIRPLANE:

- Attach a Camp Netimus luggage tag to ALL camper luggage (mailed out in early May).
- Send trunk keys, medications, extra eyeglasses, passports or other valuable objects to camp in a clear Ziploc bag with camper's name on the bag.
- Air campers may travel with a cell phone – send charger. Upon arrival, cell phones will be held in the office until departure.

<u>Session</u>	<u>CAR-Expected Arrival Date and Time</u>	<u>CAR-Expected Departure Date and Time</u>
Season - June 28 - Aug. 15	June 28 between 11:00AM & 1:00PM Eastern Standard Time	Aug. 15 between 11:00AM & 1:00PM Eastern Standard Time
1 st month - June 28 - July 25	June 28 between 11:00AM & 1:00PM Eastern Standard Time	July 25 between 11:00AM & 1:00PM Eastern Standard Time
3-wk. - July 26 - Aug. 15	July 26 between 11:00AM & 1:00PM Eastern Standard Time	Aug. 15 between 11:00AM & 1:00PM Eastern Standard Time
2-wk. - June 28 - July 11	June 28 between 11:00AM & 1:00PM Eastern Standard Time	July 11 between 11:00AM & 1:00PM Eastern Standard Time
2-wk. – July 12 - July 25	July 12 between 2:30PM & 4:30PM Eastern Standard Time	July 25 between 11:00AM & 1:00PM Eastern Standard Time
5-wk. - July 12 - Aug. 15	July 12 between 2:30PM & 4:30PM Eastern Standard Time	Aug. 15 between 11:00AM & 1:00PM Eastern Standard Time

Campers arriving/departing by CAR:

Additional Circumstances:

- **Changeover** – Changeover is July 25 – 26. Parents may opt to take a camper from Camp Netimus during Changeover for the day or the weekend. Supply the necessary information on the **Transportation Form**. Campers that remain at camp during Changeover enjoy a special activity.
- **Pick-up by someone other than custodial parent/guardian** - Directors must have WRITTEN PERMISSION any time a camper leaves camp with anyone other than her custodial parents/guardians or camp staff. This includes pick-up/drop-off at bus locations. Camp Netimus must have WRITTEN PERMISSION **prior** to the arrival or departure date. We will not release your daughter to anyone other than the parents without this consent.
- **Unusual Arrival/Departure** – If your camper is arriving or departing on a day other than the scheduled beginning or ending of a session, please contact the office (info@netimus.com) to make arrangements for her drop-off or pick-up.

For further information, please see the Transportation Packet.

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~*~ Finances ~*~

Spending Account – Each girl has a spending account to use for miscellaneous expenses. These include camp store purchases, out-of-camp trips and waterskiing/banana boating charges. Any unused amount will be refunded to parents in **September**, unless you opt to donate to the Netimus Tuition Assistance Program (NTAP) on your application. Any amount due to Camp Netimus will be billed to the parents. Contact the office at info@netimus.com to have your camper's account closely monitored if necessary.

Girls enrolled in our senior program have more opportunities to spend money than other campers due to extra privileges. Therefore, we will add extra spending account money to these accounts for Major Minors, Working Seniors and JCIT's.

Payment is due in full by May 1. Netimus accepts most credit cards and checks.

~*~ Miscellaneous ~*~

Accommodations – Accommodations for visitors to the Milford area can be found on our website at www.campnetimus.com. Under "Parents", click on "Forms and Information". Scroll down to the bottom of the list and select "Local and Area Accommodations".

Camp Store – Our camp store is open a few evenings per week and sells toiletries, camp clothing, water bottles, batteries, stamps, stationary and small novelty items.

Laundry – Camper laundry is done weekly at no additional charge.

Cigarettes, Alcoholic Beverages & Illegal Drugs:

- Cigarette smoking is not permitted at camp for health and safety reasons. Smoking materials will be confiscated if brought to camp.
- Drug or alcohol possession by any camper will result in IMMEDIATE DISMISSAL from camp with no refund of camp fees.

~*~ Medical Information ~*~

A nurse is on duty at all times. The Health Care Center may be contacted during the summer at healthcenter@netimus.com or (570) 296-6131.

All medications will be dispensed by the nurses and will be kept in the health center. **NO MEDICATIONS ARE TO BE KEPT IN THE CABIN**, with the exception of asthma inhalers. Send two asthma inhalers – one for the cabin, one to be kept in the Health Care Center.

Prescription and non-prescription medication and vitamins must be sent in original containers. We do not accept medication in baggies. The Health Care Center stocks most common over-the-counter medications such as Tylenol, Advil, Motrin, Benadryl, etc.

We make every effort to keep our community lice-free and have a “no-nit” policy. Please help us by contacting the Health Care Center (healthcenter@netimus.com) if your child is exposed to or contracts head lice 6 weeks prior to arriving to camp. Upon arrival campers are screened by Lice Free Noggins and will be treated if found with live lice or nits. You will be billed for LFN nit/lice removal, a one-time fee of \$200. Our lice treatment policy will be emailed in early June – please contact the office if you would like to see it earlier.

Mark your camper's medical form if you would like to be notified in case your camper is admitted to the Health Care Center after midnight in a non-emergency situation.

If appropriate, send an extra inhaler & set of eyeglasses.

Please do not have your child's ears pierced before coming to camp. The girls are too busy to properly care for new piercings while at camp.

Campers traveling by **BUS** or **AIR** - send all non-prescription medications in **original containers** to camp in a clear Ziploc bag with camper's name on the bag.

At the end of your camper's session, you will receive any leftover medications and a record of your daughter's visits to the Health Care Center.

Send medical paperwork by May 1 to Camp Netimus, 708 Raymondskill Road, Milford, PA 18337 or scan/email to info@netimus.com.

If you are waiting on a physical, please send the first 3 pages of the medical and send the doctor's portion separately when it is completed. Include a **small current photo** of your camper and a clear copy of **both sides of your insurance card**.

Your child cannot attend any out-of-camp trips (including dances, water-skiing and tournaments) without a completed medical, photo and insurance card.